# Quantitative Real Time PCR 

USING SYBR GREEN


## SYBR Green

- SYBR Green is a cyanine dye that binds to double stranded DNA.
- When it is bound to D.S. DNA it has a much greater fluorescence than when bound to single stranded DNA.
- This can be used to follow the production of new PCR products.


## THE PROBLEM

- NEED TO QUANTITATE DIFFERENCES IN GENE (mRNA) EXPRESSION
- SMALL AMOUNTS OF mRNA
- LASER CAPTURE
- SMALL AMOUNTS OF TISSUE
- PRIMARY CELLS
- mRNA FROM CHICKEN LIPS



## THE PROBLEM

- QUANTITATION OF mRNA
- northern blotting
- ribonuclease protection assay
- in situ hybridization
- PCR
- most sensitive
- can discriminate closely related mRNAs
- technically simple
- but difficult to get truly quantitative results using conventional PCR


## NORTHERN BLOT



## Corrected fold increase $=10 / 2=5$

Ratio target gene in experimental/control = fold change in target gene fold change in reference gene

## Normalization Standards

- corrects for loading errors
- same copy number in all cells
- expressed in all cells
- medium copy number advantageous
- correction more accurate


## Normalization Standards

- The perfect standard does not exist
- You have to determine which is best for your organism and questions


## Standards

- Commonly used standards
- Glyceraldehyde-3-phosphate dehydrogenase mRNA (GAPDH)
- Beta-actin mRNA
- MHC I (major histocompatability complex I) mRNA
- mRNAs for certain ribosomal proteins
- E.g. RPLPO (ribosomal protein, large, P0; also known as 36B4, P0, L10E, RPPO, PRLP0, 60S acidic ribosomal protein P0, ribosomal protein L10, Arbp or acidic ribosomal phosphoprotein P0)
- 28S or 18S rRNA

| CYCLE NUMBER | AMOUNT OF DNA |
| ---: | ---: |
| 0 | 1 |
| 1 | 2 |
| 2 | 4 |
| 3 | 8 |
| 4 | 16 |
| 5 | 32 |
| 6 | 64 |
| 7 | 128 |
| 8 | 256 |
| 9 | 512 |
| 10 | 1,024 |
| 11 | 2,048 |
| 12 | 4,096 |
| 13 | 8,192 |
| 14 | 16,384 |
| 15 | 32,768 |
| 16 | 65,536 |
| 17 | 131,072 |
| 18 | 262,144 |
| 19 | 524,288 |
| 20 | $1,048,576$ |
| 21 | $2,097,152$ |
| 22 | $4,194,304$ |
| 23 | $8,388,608$ |
| 24 | $16,777,216$ |
| 25 | $33,554,432$ |
| 26 | $67,108,864$ |
| 27 | $134,217,728$ |
| 28 | $268,435,456$ |
|  |  |

## PCR

# The amount of DNA doubles after each cycle 

Assuming 100\% efficient PCR reactions

After $n$ cycles there will be $2^{n}$ times as much DNA

| CYCLE NUMBER | AMOUNT OF DNA |
| ---: | ---: |
| 0 | 1 |
| 1 | 2 |
| 2 | 4 |
| 3 | 8 |
| 4 | 16 |
| 5 | 32 |
| 6 | 64 |
| 7 | 128 |
| 8 | 256 |
| 9 | 512 |
| 10 | 1,024 |
| 11 | 2,048 |
| 12 | 4,096 |
| 13 | 8,192 |
| 14 | 16,384 |
| 15 | 32,768 |
| 16 | 65,536 |
| 17 | 131,072 |
| 18 | 262,144 |
| 19 | 524,288 |
| 20 | $1,048,576$ |
| 21 | $2,097,152$ |
| 22 | $4,194,304$ |
| 23 | $8,388,608$ |
| 24 | $16,777,216$ |
| 25 | $33,554,432$ |
| 26 | $67,108,864$ |
| 27 | $134,217,728$ |
| 28 | $268,435,456$ |
| 29 | $536,870,912$ |
| 30 | $1,073,741,824$ |
| 31 | $1,400,000,000$ |
| 32 | $1,500,000,000$ |
|  |  |
|  |  |
|  |  |
| 10 |  |

Arithmetic scale



Arithmetic scale



Linear from ~20 to ~1500 Fluorescent Units


## Linear ~20 to ~1500 Fluorescent Units

Arithmetic scale


Arithmetic scale


SERIES OF 10-FOLD DILUTIONS OF TEMPLATE

Arithmetic scale


SERIES OF 10-FOLD DILUTIONS

Logarithmic scale


SERIES OF 10-FOLD DILUTIONS


## EFFECTS OF EFFICIENCY

CYCLE AMOUNT OF DNA AMOUNT OF DNA AMOUNT OF DNA AMOUNT OF DNA
100\% EFFICIENCY 90\% EFFICIENCY 80\% EFFICIENCY 70\% EFFICIENCY

| 0 | 1 | 1 | 1 | 1 |
| :---: | :---: | :---: | :---: | :---: |
| 1 | 2 | 2 | 2 | 2 |
| 2 | 4 | 4 | 3 | 3 |
| 3 | 8 | 7 | 6 | 5 |
| 4 | 16 | 13 | 10 | 8 |
| 5 | 32 | 25 | 19 | 14 |
| 6 | 64 | 47 | 34 | 24 |
| 7 | 128 | 89 | 61 | 41 |
| 8 | 256 | 170 | 110 | 70 |
| 9 | 512 | 323 | 198 | 119 |
| 10 | 1,024 | 613 | 357 | 202 |
| 11 | 2,048 | 1,165 | 643 | 343 |
| 12 | 4,096 | 2,213 | 1,157 | 583 |
| 13 | 8,192 | 4,205 | 2,082 | 990 |
| 14 | 16,384 | 7,990 | 3,748 | 1,684 |
| 15 | 32,768 | 15,181 | 6,747 | 2,862 |
| 16 | 65,536 | 28,844 | 12,144 | 4,866 |
| 17 | 131,072 | 54,804 | 21,859 | 8,272 |
| 18 | 262,144 | 104,127 | 39,346 | 14,063 |
| 19 | 524,288 | 197,842 | 70,824 | 23,907 |
| 20 | 1,048,576 | 375,900 | 127,482 | 40,642 |
| 21 | 2,097,152 | 714,209 | 229,468 | 69,092 |
| 22 | 4,194,304 | 1,356,998 | 413,043 | 117,456 |
| 23 | 8,388,608 | 2,578,296 | 743,477 | 199,676 |
| 24 | 16,777,216 | 4,898,763 | 1,338,259 | 339,449 |
| 25 | 33,554,432 | 9,307,650 | 2,408,866 | 577,063 |
| 26 | 67,108,864 | 17,684,534 | 4,335,959 | 981,007 |
| 27 | 134,217,728 | 33,600,615 | 7,804,726 | 1,667,711 |
| 28 | 268,435,456 | 63,841,168 | 14,048,506 | 2,835,109 |

Much different values depending on the efficiency

| CYCLE | AMOUNT OF DNA | AMOUNT OF DNA | AMOUNT OF DNA | AMOUNT OF DNA |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | 100\% EFFICIENCY | 90\% EFFICIENCY | 80\% EFFICIENCY | 70\% EFFICIENCY |  |
| 0 | 1 | 1 | 1 | 1 |  |
| 1 | 2 | 2 | 2 | 2 |  |
| 2 | 4 | 4 | 3 | 3 |  |
| 3 | 8 | 7 | 6 | 5 | - |
| 4 | 16 | 13 | 10 | 8 |  |
| 5 | 32 | 25 | 19 | 14 | $100 \%=2.00 x$ |
| 6 | 64 | 47 | 34 | 24 |  |
| 7 | 128 | 89 | 61 | 41 | 90\% = 1.90x |
| 8 | 256 | 170 | 110 | 70 |  |
| 9 | 512 | 323 | 198 | 119 | 00\% - 1.00x |
| 10 | 1,024 | 613 | 357 | 202 | $70 \%=1.70 x$ |
| 11 | 2,048 | 1,165 | 643 | 343 |  |
| 12 | 4,096 | 2,213 | 1,157 | 583 |  |
| 13 | 8,192 | 4,205 | 2,082 | 990 |  |
| 14 | 16,384 | 7,990 | 3,748 | 1,684 |  |
| 15 | 32,768 | 15,181 | 6,747 | 2,862 |  |
| 16 | 65,536 | 28,844 | 12,144 | 4,866 |  |
| 17 | 131,072 | 54,804 | 21,859 | 8,272 |  |
| 18 | 262,144 | 104,127 | 39,346 | 14,063 |  |
| 19 | 524,288 | 197,842 | 70,824 | 23,907 | AFTER N CYCLES: |
| 20 | 1,048,576 | 375,900 | 127,482 | 40,642 | fold increase = |
| 21 | 2,097,152 | 714,209 | 229,468 | 69,092 |  |
| 22 | 4,194,304 | 1,356,998 | 413,043 | 117,456 | $(1+e f f i c i e n c y)^{n}$ |
| 23 | 8,388,608 | 2,578,296 | 743,477 | 199,676 |  |
| 24 | 16,777,216 | 4,898,763 | 1,338,259 | 339,449 |  |
| 25 | 33,554,432 | 9,307,650 | 2,408,866 | 577,063 | Only 1\% of 100\% |
| 26 | 67,108,864 | 17,684,534 | 4,335,959 | 981,007 | efficiency amount |
| 27 | 134,217,728 | 33,600,615 | 7,804,726 | 1,667,711 |  |
| 28 | 268,435,456 | 63,841,168 | 14,048,506 | $2,835,109$ |  |

CYCLE AMOUNT OF DNA AMOUNT OF DNA AMOUNT OF DNA AMOUNT OF DNA

|  | 100\% EFFICIENCY | 90\% EFFICIENCY | 80\% EFFICIENCY | 70\% EFFICIENCY |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 1 | 1 | 1 | 1 |
| 1 | 2 | 2 | 2 | 2 |
| 2 | 4 | 4 | 3 | 3 |
| 3 | 8 | 7 | 6 | 5 |
| 4 | 16 | 13 | 10 | 8 |
| 5 | 32 | 25 | 19 | 14 |
| 6 | 64 | 47 | 34 | 24 |
| 7 | 128 | 89 | 61 | 41 |
| 8 | 256 | 170 | 110 | 70 |
| 9 | 512 | 323 | 198 | 119 |
| 10 | 1,024 | 613 | 357 | 202 |
| 11 | 2,048 | 1,165 | 643 | 343 |
| 12 | 4,096 | 2,213 | 1,157 | 583 |
| 13 | 8,192 | 4,205 | 2,082 | 990 |
| 14 | 16,384 | 7,990 | 3,748 | 1,684 |
| 15 | 32,768 | 15,181 | 6,747 | 2,862 |
| 16 | 65,536 | 28,844 | 12,144 | 4,866 |
| 17 | 131,072 | 54,804 | 21,859 | 8,272 |
| 18 | 262,144 | 104,127 | 39,346 | 14,063 |
| 19 | 524,288 | 197,842 | 70,824 | 23,907 |
| 20 | 1,048,576 | 375,900 | 127,482 | 40,642 |
| 21 | 2,097,152 | 714,209 | 229,468 | 69,092 |
| 22 | 4,194,304 | 1,356,998 | 413,043 | 117,456 |
| 23 | 8,388,608 | 2,578,296 | 743,477 | 199,676 |
| 24 | 16,777,216 | 4,898,763 | 1,338,259 | 339,449 |
| 25 | 33,554,432 | 9,307,650 | 2,408,866 | 577,063 |
| 26 | 67,108,864 | 17,684,534 | 4,335,959 | 981,007 |
| 27 | 134,217,728 | 33,600,615 | 7,804,726 | 1,667,711 |
| 28 | 268,435,456 | 63,841,168 | 14,048,506 | 2,835,109 |



Lower Cycle thresholds show less error due to efficiency changes


Same slope = Same efficiency


SERIES OF 10-FOLD DILUTIONS


Plot the Ct values for the dilutions vs. concentration, the slope of the line can be used to calculate the PCR efficiency

Correlation Coefficient: 0.999 Slope: -3.488 Intercept: 39.204 $\mathrm{Y}=-3.488 \mathrm{X}+39.204$
PCR Efficiency: $93.5 \%$


## Melt curve analysis

SYBR Green will bind to any double-stranded DNA.

Primer-dimers will contribute to the signal too.
How can you distinguish between amplification of the gene of interest and artifacts?

Remember SYBR Green binds to doublestranded DNA but not single stranded DNA.

You can 'melt' the newly created DNA and the SYBR Green will dissociate and the fluorescence decreases.

## Melt curve analysis

The key is that DNA of different base composition and length will 'melt' at difference temperatures.

By slowly and accurately increasing the temperature there will be changes in the rate of the fluorescence decrease if there is more than one kind of DNA present.


Raw melt-curve


Derivative of melt-curve


Melt curve analysis (derivative of fluorescence decrease as the DNA becomes single stranded)

The Melt-Curve shows the different types of DNA present


## Melt curve analysis can also be used for allelic discrimination

A


B


## Newer RT-PCR

thermocyclers can perform High Resolution Melt Curve analyses

Used for allelic discrimination analyses in populations

## GENE EXPRESSION ANALYSIS OVERVIEW

Obtain tissue $\downarrow$

extract RNA $\downarrow$
copy into cDNA (reverse transcriptase)
$\downarrow$
real-time PCR
$\downarrow$
analyze results

## GENE EXPRESSION ANALYSIS OVERVIEW

## Extract RNA

## $\downarrow$

Copy into cDNA (reverse transcriptase)

## $\downarrow$

Real-time PCR

$$
1
$$

Analyze results

## IMPORTANCE OF RNA QUALITY

- Should be free of protein (absorbance $260 \mathrm{~nm} / 280 \mathrm{~nm}>1.8$ )
- Should be intact (28S/18S ~2:1)
- High RIN (use Agilent Bioanalyzer)
- Should be free of DNA (treat with DNAse)
- Should be free of PCR inhibitors
- Purification methods
- Clean-up methods


## OVERVIEW



Extract RNA
$\stackrel{\downarrow}{\stackrel{\downarrow}{~ C o p y ~ i n t o ~ c D N A ~}}$
(reverse transcriptase)
$\downarrow$
Real-time PCR
$\downarrow$
Analyze results

# Importance of reverse transcriptase primers 

- Oligo (dt)
- Random hexamer (NNNNNN)
- Gene Specific


## REVERSE TRANSCRIPTION



- adds a bias to the results
- efficiency usually not known


## OVERVIEW



Extract RNA
$\downarrow$
Copy into cDNA (reverse transcriptase)

## $\downarrow$ <br> Real-time PCR

$\downarrow$
Analyze results

## Importance of primers in qPCR

- specific
- high efficiency
- no primer-dimers
- Ideally should not give a genomic DNA signal
- cross exon/exon boundary

Primer will not bind to genomic DNA because the 3' end is not complementary to the Intron



Primer will bind to the cDNA because the primer is complementary to the Exon-Exon boundary after the intron is cleaved out

## How will you measure the PCR product?

- Directly
- SYBR Green
- Quality of primers critical
- Indirectly
- In addition to primers, add a fluorescently labeled hybridization probe
- Many different approaches to this, see Bustin
J. Mol. Endocrinol. (2000) 25:169


## Importance of controls

- Negative control (no DNA)
- checks reagents for contamination
- No reverse transcriptase control
- detects if signal from contaminating DNA
- Positive control
- checks that reagents and primers work
- especially importance if trying to show absence of expression of a gene

RNA from control cells
cDNA from control cells

RNA from treated cells
cDNA from treated cells

Is there any change in your gene expression?

RNA from control cells cDNA from control

No RT* for control (to see if any genomic DNA signal)

RNA from treated cells

cDNA from treated cells

No RT for treated cells
(to see if any genomic DNA signal)

Is there any change in your gene expression?
*RT - Reverse Transcriptase

## qPCR Data Analysis

Depends on the goal of the experiment-
-Absolute quantification allows actual copy numbers to be determined but is labor intensive.
-Comparative quantification determines relative abundance rather than exact copy.

Most often used for gene expression studies and has two main options for quantitation:
$\Delta \Delta C_{t}$ and standard curve quantitation.

## Absolute quantification

A standard curve is generated using a single template species that is diluted over several orders of magnitude.
$C_{t}\left(C_{p}\right)$ vs concentration is plotted.


$$
\begin{aligned}
& y=m x+b \\
& y=c \\
& m=\text { slope } \\
& b=y \text {-intercept } \\
& x=\text { copy number }
\end{aligned}
$$

## Standard curve generation - template choice

DNA standards-PCR amplicon of the target of interest, or plasmid clone containing the target of interest

Pros: Easy to generate, quantify, and maintain stability with proper storage.
Cons: Avoids the reverse transcription phase of qRTPCR, which can impact reaction efficiency significantly.

RNA standards-In vitro-transcribed RNA of the target of interest

Pros: Incorporates RT efficiency and mimics the target of interest most similarly.
Cons: Time-consuming to generate and difficult to maintain accuracy over time due to instability.

## Comparative quantification $-\Delta \mathrm{C}_{\mathrm{t}}$ method

Most basic form is to obtain a $C_{t}$ value for the gene of interest and a calibrator sample (such as time zero sample). The difference is the $\Delta C_{t}$

## Fold difference $=2^{\Delta C_{t}}$

This basic method does not incorporate a normalizer or corrects for efficiency.
It assumes that the same amount of template was present and the amplification efficiency is the same.

Comparative quantification $-\Delta \Delta \mathrm{C}_{\mathrm{t}}$ method

An improvement over $\Delta C_{t}$ is the $\Delta \Delta C_{t}$ method
Fold difference $=2^{-\Delta \Delta C t}$

$$
\begin{aligned}
& \Delta \mathrm{C}_{\mathrm{t} \text { sample }}-\Delta \mathrm{C}_{\mathrm{t} \text { calibrator }}=\Delta \Delta \mathrm{C}_{\mathrm{t}} \\
& \mathrm{C}_{\mathrm{t} \text { GOIs}}-\mathrm{C}_{\mathrm{t} \text { norms }}=\Delta \mathrm{C}_{\mathrm{t} \text { sample }} \\
& \mathrm{C}_{\mathrm{t} \text { GOIc }}-\mathrm{C}_{\mathrm{t} \text { norm }}=\Delta \mathrm{C}_{\mathrm{t} \text { calibrator e.g. Time zero }}
\end{aligned}
$$

## Comparative quantification - standard curve method

Fold difference $=\left(\mathrm{E}_{\text {target }}\right)^{\Delta \mathrm{Ct} \text { target }} /\left(\mathrm{E}_{\text {normalizer }}\right) \Delta \mathrm{Ct}$ normalizer
$E=$ efficiency from standard curve $\quad E=10^{[-1 / s l o p e]}$
$\Delta \mathrm{Ct}$ target $=\mathrm{C}_{\mathrm{tGOI}} \mathrm{C}-\mathrm{C}_{\mathrm{tGOI}}$
$\Delta$ Ct normalizer $=C_{t}$ norm $^{c}-C_{\text {t norm }}{ }^{s}$


## References:

Several pdfs for this talk are available at: http://botany.okstate.edu/resources/pcr_core.html

Another good website with loads of information: http://www.gene-quantification.de/


